



# ICAAT

International Coordination  
of Anthroposophic Arts  
Therapies

## **Semi-annual report from the international coordination for anthroposophical art therapies**

In January 2020 I took over the overall coordination from Kirstin Kaiser, after having already been able to look into many areas of work in 2019.

The year began with the first fully booked art therapy conference at the Goetheanum with 300 people! This special atmosphere was an important boost for our work in the ICAAT team so far.

Since we are celebrating 100 years of Anthroposophical Medicine this year, ICAAT's main focus is on public relations. We want to bring the various art therapeutic disciplines more into the public light. In December and January we were able to publish some articles in "The Goetheanum" and through the Medical Section we regularly post on Facebook current reports on art therapy and beyond. Our homepage is also being revised and will go online at the end of August.

Unfortunately, due to Corona, some specialist conferences in our Section have been postponed to 2021, but there were many initiatives from art therapies worldwide, especially during the time of the lockdown, which have given healing impulses. We reported about this in our newsletter (for those who do not have it yet and would like to receive it: an email to [johanna.gunkel@medsektion-ikam.org](mailto:johanna.gunkel@medsektion-ikam.org))

And, of course, we are already working on the preparations for the upcoming Art Therapy Conference 2021 and are in exchange with colleagues all over the world. We move questions of training and professional political situations and their developments.

Recently the ICAAT team was able to win over Dr. Simone Gaiss from Munich to take care of our "Research" department! So this work will certainly also develop well in the coming years. We want to make this area more "approachable" so that our female colleagues in the world can begin to take a real interest in the topic of research. Especially in times of Covid 19 we make an important psychosocial contribution to the population and the more we take even individual cases from everyday practice seriously and document these cases, the more chances we have to be taken seriously!

The big highlight this year will be the presentation of four video clips on anthroposophical art therapies at the annual conference. They were mainly created and produced by our public relations officer, Silke Speckenmeyer. We hope that many of you will enjoy them with us!

Looking ahead to the next six months, my main task will be to secure the still open financing of our work in ICAAT. Any support in this regard is heartily requested and will help to create the future.

Laura Piffaretti - Coordinator ICAAT

and the team: Johanna Gunkel, Kirstin Kaiser, Silke Speckenmeyer and Simone Gaiss