



International Coordination of
Anthroposophic Arts Therapies

Online-conference on
art therapies and medicine
2022

For art therapists, doctors and students
from both fields, psychotherapists,
alternative practitioners and others
interested in art therapies in discourse with
medicine

Online Cycle Art & Medicine - Tria Principia - do we speak the same language?
26.3.2022 - 13.08.2022 - 05.11.2022

Dear colleagues!

Also this year we want to use the opportunities of the digital world to further and better connect and network worldwide. The pandemic circumstances enable us to use the virtual space and so we will try to continue to reach new colleagues and sail with this wind towards the future.

We want to warm up the topic of the big joint presence conference in January 2023 - *Art & Medicine - in the centre the human being* - already in this online cycle 2022.

Who are we as an art therapist community and how do we work together with doctors? Do we speak the same language when it comes to the Tria Principia?

We want to dedicate ourselves to the communication between doctors and art therapists and other questions arising from this, to meet virtually, to exchange ideas and to explore the possible common language of the Threefoldness and/or Tria Principia. This will take place in the form of **specialist dialogues on the themes of Sulphur, Mercurius and Sal.**

In addition, we would like to encourage all participants to become visible, to introduce themselves with a short video, as well as to participate in a social-artistic event. In concrete terms, we would like to use the framework of the cycle to get to know each other better.

The platform of virtual encounters is an excellent way to give companions an insight into the life of art therapy: Who are we? Where are we active and with whom?

The topic of **art and medicine in research** is made transparent in the Science section and understandable through enquiry, perhaps inspiring imitation?

We look forward to your participation!

Johanna Gunkel, Laura Piffaretti, Esther Böttcher, Silke Speckenmeyer, Katrin Sauerland, Simone Gaiss, Johannes Weinzierl, Matthias Girke und Georg Soldner

What you can contribute as participants:

Each of you should feel addressed and hopefully feel like taking part!

We would like you - as an individual, as a therapeutic centre, as a working group, as a training institute or as colleagues - to produce a short **video of 1 to 3 minutes** in length. As an example, we will use a video that we recorded of our kick-off event in January 2022 (see website LINK).

You are welcome to present your city, country, studio, art. There is certainly also an artistic challenge in the limited time available.

As a **social-artistic global element**, we have agreed on our inner images and language.

We would like you - in your own language - to write a poem. The poem method is called **Elfchen** and originally comes from the Netherlands. For those who don't know it yet: It is wonderful to end an art therapy class with an **Elfchen**. More information will follow with the registration!

During the online cycle, the self-organised working groups can upload their results in a provided secure cloud and thus make them accessible to all.

The cycle will take place in German and will be translated into English and Spanish. The broadcast dates will remain online as a video until the end of the year!

We sincerely wish for diverse participation!

You will find more information, registration and a link to upload the videos on our website in February!

With kind regards from the Coordination of Art Therapies

Laura Piffaretti, Johanna Gunkel, Esther Böttcher, Silke Speckenmeyer und Simone Gaiss



ICAAT

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