

!New English-German Course 2021 - 2024!

Raphael-School for Singing and Singing therapy

Based on The School of Uncovering the Voice



“Learning in such a way that we change, even develop into something we were not before, in other words, something happens that is more than unfolding given talents.” (Coenraad van Houten: ‘Awakening the Will; Principles and Processes in Adult Learning)

... This is the kind of adult education we are concerned with here.

**!!An introductory course is planned for
autumn 2020!!**

Singing therapy based on *The School of Uncovering the Voice* is an anthroposophically oriented art therapy. In a searching, enquiring approach to musical elements, such as breathing, the listening process, consonants and vowels, we will immerse ourselves evermore deeply into a transformative learning process that can accompany us throughout our lives on the path to our "I-sound". Through this active, searching transformation we will connect with our inherent creative resources. The voice is the organ that connects us increasingly more deeply and consciously with these creative forces within us.

We will thus, through practical experience, develop new and deepening possibilities for perceiving our body, our soul and the connections which we as a personality have with the cosmic forces surrounding us, such as the elements, the Zodiac, the planets, etc. The deepened self-observation together with the knowledge of the above mentioned elements will enable us in our work as singing therapists to stimulate the creative self-healing powers of our clients and thus to accompany them on a path to inner balance and health on all levels.

Course Information:

- This is a 4-year part-time Further Professional Training in Therapeutic Singing.
- Each study year comprises three sessions: 2 times 5 days in March/April and October and 10 days in July/August.
- In this Further Professional Training the therapeutic effects of sound, breathing, speech sound and musical elements on the singing human being will be studied in theory and practice in a phenomenological way. These experiences will be deepened through medical and anthropological lectures by experienced anthroposophic doctors or other experienced teachers and brought into practical connection with the therapeutic work.
- From the start, students will learn therapeutic exercises and their practical application.
- Choral singing and improvisation will build up a working repertoire for later group teaching and will also contribute to strengthening the social fabric of the student community.
- Elements of movement (Eurythmy and Bothmer-Gymnastics) will be incorporated in the daily lessons as the basis for the physical work.

Further information as well as course dates:

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