

THE SCHOOL FOR UNCOVERING THE VOICE

An Invitation to the International Singing Therapy Conference

October 20st – 25st, 2020 at Dottenfelder Hof, Bad Vilbel, Germany

Bochum, 22th of June 2020

Dear Colleagues,

In our forthcoming Singing Therapy Conference, as has already been announced a couple of times, we will this year be turning to life where it is most tender and vulnerable- life in the becoming. The theme of our conference is:

‘Singing and Singing Therapy in Accompanying Pregnancy and Birth’

How can we understand the effect of singing during pregnancy which, according to Rudolf Steiner, can bring protection for the whole of life?

And how can we help the human souls to come into the world while their incarnation has been burdened by the interference of artificial insemination, by repeated viewing of the gestation process, by prenatal diagnostics, by manipulation of birth data and by caesarean section. – Knowing about the processes at the start of human life and the consequences of the disturbances and damage to the complicated conditions in this phase of life can also be helpful in our singing therapy work in other areas, for here the essential shaping takes place for the whole of life!!

On Wednesday evening we will begin with a memorial for Helga Lausmann. This will be followed by focussing on the ‘NG’, about which Mrs Werbeck writes in her book, how „the actual vibrations when experienced in their totality clearly point to a vibration organism being born”. On the following mornings we will continue to work via exercises and more presentations on this sounding human being who is born through practising and in whom tones again appear. In this way we will turn to the question of a deepening in relation to the etheric and of aspects of the health of the voice as an instrument for the ‘I’ (themes from last year).

On Thursday will present a case study of a child severely traumatised by the kind of circumstances mentioned above and afterwards the paediatrician and psychotherapist will work with us on the above questions. an die Falldarstellung eines aus den oben angedeuteten Umständen schwer traumatisierten Kindes durch Anne Frey, der Kinderarzt und Psychotherapeut, Dr. Horn zu mit uns After the afternoon working groups, will give a lecture on the theme: ‘Children with traumatic experiences at birth.’

Dr Erich Skala will discuss with us the medical and anthropological aspects of human life in the process of becoming from Friday onwards.

Then, on Friday afternoon, the remedial educator, physiotherapist, trauma-therapist and therapist for warmth- dynamic incarnation therapy (WDI®), Eva-Maria Börner, will tell us about her rich experience of working with children with birth trauma and she will also practice with us.

Additionally, we will have a presentation and practical suggestions from the treasure chest of the experiences of Giselle Whitewell, who has been accompanying new mothers and fathers through singing and advice for many years now.

With the help of short reports (no long presentations), and in sharing experiences we would also this year wish to shape our conference as much as possible in a practice-based way and, as was asked for last year, together with all participants as co-sharers!

In the hope that the travel limitations and the ‘corona-regulations’ will have come to an end by October, warm greetings from the preparation group

Anne Frey, Barbara Graf, Helga Vahle and Thomas Adam

And here is the programme:

Wednesday 21.10.	Thursday, 22.10.	Friday, 23.10.	Saturday, 24.10.	Sunday, 25.10.
9:00 – 10:30	The NG and the 'delivery' of the tone Continuation Thomas Adam	On the coming about of the human being and of the tones Basic concepts in singing therapy and in the study of the human being. Thomas Adam and Dr Erich Skala		Summary and Conclusion at 12:00 o'clock*
10:30 - 11:00	---- Coffee break ----			
11:00 – 12:30	Case presentation Anne Frey A talk and comments by Dr. Hatmut Horn	On the coming about of the human being and of the tones Basic concepts in singing therapy and in the study of the human being. Thomas Adam and Dr Erich Skala		Conference address: Dottenfelder Hof 61118 Bad Vilbel Tel. 0049 (0)6101 529620
	----- Lunch at 12:30 -----			
bis 15:30	Coffee und cake. Encounter and conversation with colleagues			
15:30 – 17:00	Working on the conference theme in groups	Therapeutic Work with young children (Plenum) Eva-Maria Börner	Working on the conference theme in groups	
17:15 – 18:30	Children with traumatic experiences at birth Dr. Hatmut Horn	Accompanying pregnant mothers, as well as fathers and children with singing and singing therapy <i>Prenatal Support & Natural Birth Guidance</i> Giselle Whitewell		*Conclusion at 12:00 >> Possibility to make up lunch sandwiches at breakfast!
Supper together at 18:00	----- Supper at 18:35 -----			
19:30 Welcome and introductions The NG and the ,delivery' of the tone Exercises and presentation with Thomas Adam	From 19:45 Choir with Holger Schimanke			

Changes may be made!
Please read the organisational instructions!