

Annual Report 2021 from the International Coordination for Anthroposophic Arts Therapies.

ICAAT is in a process of development in terms of arts therapies, in terms of specific disciplines, and is at the service of the arts therapies professional college worldwide. For this purpose, 2021 was also dedicated time to intensifying networking processes between people, disciplines and in the international context. In addition, the "Online Annual Cycle Arts Therapies" could be established for the first time.

In the area of publications, a booklet with instructions for online therapy could be published on the ICAAT homepage within the Arbeitsgemeinschaft Kunsttherapie Online. Also the "Memorial Book -People who lived for and with anthroposophic arts therapies".

Detailed reports from the Professional Coordinations, Public Relations and Research Coordination follow.

Department of painting and sculpture therapy: Johanna Gunkel

For the four-part online cycle "Trotzdem und erst recht", I was involved with ideas and concept development. The preparation and the realization were mainly done by me. (Dates: January 9, April 10, August 7, October 30, 2021). The decisive preparation for the joint meeting in January 2022 with and for the physicians, first planned as a presence meeting, then changed to a workshop meeting and three online dates makes up a large part of the work.

For the annual conference in September 2021, I updated the ICAAT flyer in German and English and designed the square "business cards" for the videos of the four specialties (layout and printing).

I attended the annual conference, was also present at the ICAAT booth.

I filled the general newsletter of ICAAT monthly in DE and four times a year in EN.

I conducted various zooms nationally and internationally in the subject area on various topics and for better networking.

Preview: In March 2022 I will give an art therapy seminar locally in Sao Paulo, in March/April I will give an art therapy online seminar for Argentina.

Department of Music and Singing Therapy: Laura Piffaretti.

The annual Ascension Day workdays for Anthroposophic music therapy were offered in an online format (as almost everything is these days). It was impressive how the preparatory group and the people on site in Holland implemented this meeting. It was lively, informative and also artistic. As coordinator I was responsible for the certificates of participation - issued by the Medical Section. Also the symposium on singing therapy could take place. I try to contact and help all the training, continuing education and continuing education initiatives. Their main concerns are the distribution of the flyers as well as questions around the accreditation by iARTE. I send out monthly information from my department to colleagues worldwide. These mailings are appreciated and help build a very tenuous community. Through them I also receive reports from active people around the world. An important and not always easy task is to motivate people for working groups at various meetings. A next generation of colleagues (also international) who want to pass on their knowledge in an interdisciplinary and collaborative context is needed.

As coordinator I try to build a bridge between the concerns of the Section and the Förderverein Anthroposophische Musiktherapie e.V. in Deutschland, which was founded this year and is dedicated to the promotion of science and research in AMth (Anthroposophical Music Therapy), the promotion of AMth as a component of public health and public health care, and the promotion of education, popular education and vocational training.

Department of Anthroposophic Therapeutic Speech (ATS): Esther Böttcher

In 2021, some new organizational and coordinative tasks were in the forefront.

In the area of further training and specialist conferences, redesign and flexibility were the motto: In the fall, the specialist conference on therapeutic speech formation entitled "Speech formation as a bridge to meditation - spirituality in our profession" took place for the first time in the context of the Medical Annual Conference at the Goetheanum.

Within the framework of the Anthroposophical Neurology Working Group, a chapter on ATS in neurological diseases was written for the basic work "Individual Neurology", which is currently being written.

A textbook for ATS with video teaching material on the relevant medical fields of work and therapy is being planned and implemented.

For the preservation and further development of the ATS method, "Lichtung Sprache" - a continuing education program for physicians and other health care professionals - starting in spring 2022 - and the interdisciplinary research work "EVODEVO - Evolution Development" could be initiated and founded, as well as the association "Lichtung Sprache - Bildung und Forschung im Kontext der ATS".

Even though there is still a lack of students, despite professional training offers for ATS, "Lichtung Sprache" makes it possible to make the method known and to obtain job offers.

Public Relations: Silke Speckenmeyer

The area of public relations is shaping up. In 2021 it was possible to continue what started in 2020. Through the content work on the concept of the online conference, a unit has asserted itself, which we call Global-Studio/Weltatelier.

Representation at the annual conference, becoming visible and networking, booth and merchandising concept (cube video clips - German, English, Italian - and practice cards about video clips) have given some work. In addition, there was the networking and visibility work with IVAA (doctors' association), GAÄD (doctors' association in DE).

In the field of print media the acquisition of different editorial offices took place (Info3, aTempo etc.) and the article about ICAAT and the four specialties could be published in the Schulkreis. The magazine Akzent published an article about color - a portrait of Barbara Steinmann. Info 3: Focus on health in the December issue - all four art therapy specialties.

Since 2020 we are also present in social media:

youtube - ICAATAccount and Instagram icaat.medical.section account. This brings a lot of processing time.

In collaboration with the patient association DE: Because it works: lecture on mindfulness - across all four art therapy specialties.

Research Coordination: Dr. Simone Gaiss

The new area within ICAAT, created in 2021, I have taken on the following activities in an effort to bring awareness to research in the specialty areas of art therapies:

- Literature research of current literature in the field of art therapy.
- Establishing and maintaining contacts in the transdisciplinary collegium, among others with the Alanus University of Applied Sciences, departments of art therapy and RI Art
- preparing various poster presentations for conference contexts at the Goetheanum
- involved in the preparation and organization of the online conference 2021
- involved in the preparation and organization of the workshop-conference 2022
- attendance of the medical conference 09-2021 and co-supervision of the ICAAT booth in the context of the conference

Finances of ICAAT:

The expenses for honoraria of the ICAAT team can only be partially covered by the Medical Section. Fortunately, in the year under review some colleagues made a donation in the amount of one therapy unit. We were also able to accept a few larger donations. We are very grateful for these. We are convinced that our work in coordination is essential for the development, recognition and visibility of arts therapies worldwide. Therefore, we will have to look intensively for financial support also in 2022. Here is a small summary of the work areas within the coordination field:

ICAAT-Coordination				
IKAM-Collegium	Laura Piffaretti			
public relations	Departments	School of spiritual science	Training / Further education	Professional associations
Silke Speckenmeyer	Painting and sculpting	in the art therapies	iARTe (Association)	IFAT (Association)
Reserarch	Johanna Gunkel		Board: L. Piffaretti,	Board members + coordinators
Simone Gaiss	therapeutic speech		D. v. Freytag-Loringhoven	Eurythmietherapie, Bodytherapie,
Care Areas	Esther Böttcher		E. dal Zio, S. Capkowa	Arts Therapies
different	Music and singing therapy		Office: Karin Gaiser	Member in EUROCAM and ANME
	Laura Piffaretti			
Conferences and symposia, working groups, ZOOM meetings, etc.				

Laura Piffaretti - ICAAT Overall Coordination