

Clinical Case Course – Tools for Anthroposophical Casework

Discover the interprofessionality of anthroposophic medicine in the Clinical Case Course: for doctors, therapists, nurses and other medical professionals with basic knowledge and/or practical experience in anthroposophic medicine.

Welcome to the Clinical Case Course!

Learn about the fourfold diagnosis and interprofessional case discussion

Do you work in medicine, nursing or therapy and want to deepen and apply your knowledge of anthroposophic medicine? Our online course offers you the unique opportunity to familiarize yourself with the practical basics of this holistic medical practice.

What can you expect?

- **Understanding the fourfold diagnosis:** Learn to perform a comprehensive fourfold diagnosis to better understand your patients' therapy needs.
- **Develop an integrative medical therapy concept:** Develop the skills to create an integrative therapy concept that takes into account both conventional medical and anthroposophical approaches.
- **Establish a common language:** Create a foundation for effective interprofessional collaboration by practicing a common language for case discussion.

How is the course structured?

The Clinical Case Course consists of 8 interactive live sessions that take place online in English. These live sessions offer you the opportunity to interact directly with our experienced lecturers and other participants. For the time in between live sessions, extensive materials are available for your self-study, including texts, instructional videos and practical exercises.

Step by step to the fourfold diagnosis and healing needs

In the live sessions, real patient cases are used to teach a structured fourfold diagnosis; a detailed assessment of healing needs is taught and discussed interactively. This practice-oriented approach enables you to apply the acquired knowledge directly in your daily work. In the course you will develop helpful concepts and be encouraged to explore individual approaches in therapeutic practice.

Why this course?

- **Expert-led training:** Our experienced lecturers are specialists in anthroposophic medicine and will provide you practical concepts and insights.
- **Structured knowledge transfer:** methodically comprehensible and didactically proven concept with direct exchange and exercises.
- **Flexible learning:** The online course materials allow you to learn at your own pace and exchange ideas with colleagues from different countries in the live sessions.
- **Certificate for professional development:** Successfully complete the course and receive an internationally recognized certificate for your professional development.

Which dates do I need to reserve for the live sessions?

2 March 2024 - Live Session 1

20 April 2024 - Live Session 2

18 May 2024 - Live Session 3

29 June 2024 - Live Session 4

7 August 2024 - Live Session 5

21 September 2024 - Live Session 6

19 October 2024 - Live Session 7

23 November 2024 - Live Session 8

planned for 10:00 - 12:00 CET*

** If this time is not reasonable due to your time zone, please contact us. If required and on request, the live session may be offered at a different/additional time.*

Register now!

Expand your daily therapeutic practice through the integration of anthroposophical concepts. Sign up for the Clinical Case Course and take part in a journey that will deepen your understanding of holistic healing.

[Register here](#)

For questions and further information, please contact michelle.schmocker@arlesheim-academy.ch.