



Work shops – preliminary planning:

1. **Annika Asmussen**, art therapist, Knivsta Sweden. *Therapeutic painting*
Painting wet on wet to the conference theme

2. **Rita Eckart**, art therapist, München Germany.

Eva Söderholm

Life Notes – Trauma Art Therapy meets Biographical work (painting and textile techniques)

3. **Peter Bläsi**, art therapist, Berlin Germany. *Therapeutic Sculpture*

4. **Eliza Dudinsky**, artist and waldorf teacher, Freiburg Germany.

Plant colours.

5. **Susan Bäucke Kollem**, art therapist, Järna Sweden.

Therapeutic formdrawing, charcoal and drawing to the theme of anxiety

6. **Dr. Hartwig Vohlbehr / Maarit Hallström**, art therapist, Västerås

Crisis and transformation, lecture and Painting and drawing

7. **Martin Gull**, art therapist, Finland. *Painting/drawing*

Painting with children and young people, silk paper, collage

8. **Christine Loser**, art therapist, Järna Sweden.

Metal colour light glass therapy

9. **Anne Grethe Kumlander**, eurythmist, Järna Sweden.

Eurythmy forms and form drawing

Exhibition: SIMPLY BLUE!

Von start international e.V. emergency aid for children

Plenar speakers:

Dr. Hartwig Vohlbehr, Psychiatrist and psychotherapist, Germany

Rita Eckart, Art therapist, München Germany

Dr. Ursula Flatters, med. Doctor, Järna Sweden

Marius Wahl Gran Associate professor R.St. Högskolan Oslo

Today the digital world offers us enchanting opportunities to get lost – to participate in anything without having to connect to it, without staining our hands and without having to enact agency. We have got the opportunity to live our lives by proxy. How can we go about in order to find the courage to reclaim our real lives, to take the plunge back into the real world with all our senses, into all what there is of both bitter and sweet? This question is the topic of our conference.

CRISIS AND TRANSFORMATION

Opportunities of Art Therapy

The impact of the digital world in our time –
how to support the soul in need

5-9 August 2020

Anthroposophic Art Therapy Days

The conference is organised by the Anthroposophic Art Therapist
School in Järna, Sweden
Venue: Kulturcentrum Järna

The International Art Therapy Days, 5-9 August 2020

Venue: Järna Kulturcentrum

Crisis and Transformation - Opportunities of Art Therapy

Preliminary programme

Wednesday 5/8		Thursday 6/8	Friday 7/8	Saturday 8/8	Sunday 9/8
	09:00	M U S I C A L I N T R O D U C T I O N			
	09:15	Hartwig Volbehr <i>Crisis as an expression and impulse for development</i>	Hartwig Volbehr <i>Mental illness as a time phenomenon</i>	Marius wahl Gran <i>The Healing power in Art and artmaking</i>	Ursula Flatters <i>Art and heart -- finding a way to awaken the heart</i>
	10:45	P A U S E			
	11:30	Art therapy work shops (see other page)			Summary and concluding remarks
	12:30	L U N C H			
	14:30	Art therapy work shops (see other page)		Free initiatives * Ceiling paintings and glass windows in the Ytterjärna Culture House * Metal light therapy windows * Walk in the Ytterjärna garden	
From 15.00 Arrival and registration	16:30	P A U S E			
Musical introduction Welcome note	17:00	Social Art Projects - The Daily Dose of Art Rita Eckart			
EVENING MEAL	18:00				
Ursula Flatters <i>Therapeutical artistic work as a way to inner balance in a demanding world</i>	19:30	Social event	projekt demonstration	presentation from the Workshops	

Conference language: English with Russian and Chinese translation. Talks/workshops may be in German with English translation.