



Thoughts which today seek to grasp the spirit
must originate in hearts
beating for Michael as the fiery lord of thinking in the cosmos.
Rudolf Steiner 1924, GA 26

Newsletter for the co-workers of the anthroposophic medical movement Michaelmas 2017



Pictures, left to right: 1., 2., 3., Annual Conference 2017: in the great hall of the Goetheanum; 4. View of the annual conference festival on the terrace

Dear co-workers and friends of the Medical Section and everyone else interested in it!

Annual Conference 2017

The annual conference brought 829 people from 43 countries to the Goetheanum. The motif of warmth in its physical, soul and spiritual manifestation came to life in work in the School of Spiritual Science, lectures, contributions and the numerous workshops. Its relevance in accompanying the beginning of life, dealing with fever, with regard to treatment of the traumatised patient, in oncology and the therapeutic support of the dying person was made visible. The numerous contributions from all over the world on the activities of Anthroposophic Medicine created great interest among participants and much joy in the diversity of dedicated work.

The terrace festival – following an excellent eurythmy performance – created a festive space for encounters, conversations and many different agreements and arrangements. Posters made the research in anthroposophic medicine visible. On Sunday, the conference culminated in the outlook for a "festival of human dignity" and thus the being of the human I which is connected in so many ways with warmth.

In the follow-up discussion in our coordination body (IKAM), additional suggestions for the next annual conference from 13–16 September 2018 were made: after our work on warmth, we want to turn our attention to the nature of light and its therapeutic importance. Research in Anthroposophic Medicine is to be given greater visibility and the opportunity to present its results and perspectives in an "open space". We greatly look forward to receiving further ideas and suggestions and would like to thank the many participants and contributors for our "warmth-filled" work together in the last conference and the preparations which are already underway for the next one!

International core curriculum and accreditation guidelines for the advanced training to become an anthroposophic physician



Conference of trainers of physicians and medical students at the west entrance of the Goetheanum 2017

Since September 2016, the conference of trainers of physicians and medical students has developed an international core curriculum for the advanced postgraduate training to become a physician specialising in anthroposophic medicine. This curriculum www.medsektion-goetheanum.org/aktuelles/ was unanimously adopted on 19 September 2017 by the International Conference of Executive Councils of Anthroposophic Medical Associations. It is based on the skills which a physician should acquire through their advanced training in Anthroposophic Medicine. The content of the advanced training is set out clearly in outline. The detailed design and the form in which this content is taught continues to be the responsibility of each training course. The core curriculum comprises the totality of the advanced training

which, alongside at least 250 h (@ 45 minutes) of contact time in courses and modules, also includes independent study, preparation of and reflection on courses (250 h), and mentored medical practice in hospitals or outpatient settings (200 h patient care and 50 h mentoring). A new requirement is project work (150 h). Three written case reports should demonstrate the physician's ability to treat patients independently. The new core curriculum will enter into force on 1 October 2018 and applies to medical students and physicians who start their advanced training to become anthroposophic physicians after this date.

The accreditation guidelines www.medsektion-goetheanum.org/aktuelles/ for the international accreditation of advanced postgraduate medical training courses were also adopted unanimously. Accreditation will be done in collaboration with the national anthroposophic medical associations or, in the countries where there are no medical associations, with the Medical Section and the new, international accreditation committee comprising Iracema Benevides (Brazil), Adam Blanning (USA), Jan Feldmann (Germany), and as substitutes Denis Koshechkin (Russia) and Guus van der Bie (Holland). The new guidelines will allow for international accreditation from as early as 1 October 2017 and relate to advanced training courses which offer the complete course content of the core curriculum. They are mandatory for every course starting after 1 October 2018.

Vademecum of External Treatments – Vademecum of Anthroposophic Medicines

The Vademecum of External Treatments in Anthroposophic Nursing offers nurses and physicians a detailed, qualified presentation of therapy using external treatments for approx. 150 indications. It is now available in English, Spanish and German: www.vademecum.org. The editorial team consisting of seven nurses and Dr. Maria Kusserow requests further reports using the questionnaire developed for that purpose.

The Vademecum of Anthroposophic Medicines is now available worldwide in Spanish, English, Italian and French. Currently 274 physicians from 19 countries have contributed to this work. In German, the fourth edition was published in time for the annual conference and for the first time contains a presentation, including all preparations, of anthroposophic mistletoe therapy for cancer patients (all age-groups). We are pleased that it was achieved in time for the 100th birthday of mistletoe therapy!

Massage as developed by Dr Simeon Pressel

On 16 September 2017, massage as developed by Dr med. Simeon Pressel was recognised by the leadership of the Medical Section as a method of anthroposophic body therapy. Nurses are not excluded from certification.

Veterinary physicians choose international coordinator

As part of a special session of the veterinary workshop at our 2017 annual conference, Sabrina Menestrina (Italy) was chosen as the first international coordinator of anthroposophic veterinary physicians. This means that this medical professional group will in future also be represented in IKAM. We congratulate them warmly on this step! *Matthias Girke, Georg Soldner*

News in brief

New: In-service eurythmy therapy training in Bucharest. <http://www.heileurythmie-medsektion.net/en>

We congratulate the Eugen Kolisko Academy on its thirtieth anniversary: anthroposophic medicine can be experienced here as a method enabling the comprehensive understanding and treatment of patients. <http://kolisko-akademie.de/>

2018 Kolisko conference in Hawaii: Truth, Beauty and Goodness. The Future of Education, Healing Arts and Health.

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Book recommendations

Berger B., Heusser P.: How to Become an Agent of One's Own Healing Processes: Self-Management for Chronically Ill Patients in Integrative Health Care. In Complementary Medicine Research, Karger-Verlag 2017 www.karger.com/Journal/Issue/276653

Rolf Heine (ed.). Anthroposophische Pflegepraxis. Grundlagen und Anregungen für alltägliches Handeln. 4th corrected and extended edition incl. DVD. Salumed Verlag, Berlin 2017 <https://goo.gl/r9G7Dj>

Beatrix Hachtel. Heileurythmie als Geisteswissenschaft – Wege zu ihren Quellen und einer neuen Ausbildung. Pro-Business Verlag, Berlin 2017 <https://goo.gl/aM47aS>

Johannes Weinzirl, Peter Lutzker, Peter Heusser (ed.). Bedeutung und Gefährdung der Sinne im digitalen Zeitalter. Wittener Kolloquien für Humanismus, Medizin und Philosophie (Volume 5). Verlag Königshausen & Neumann 2017 <https://goo.gl/9y7KQB>

Events & dates

22.10.2017

10th specialist conference for nursing professions in palliative care <https://goo.gl/OS75p6>

25–28.10.2017

Study conference on therapeutic and educational creative speech: Controlled by fear – controlling fear <https://goo.gl/OS75p6>

28–31.10.2017

International advanced training for kindergarten and school physicians
What do children and adolescents learn "in sleep"? How do we work in Waldorf education with the forces of the night? <https://goo.gl/OS75p6>

8–9.12.2017

The therapeutic importance of meditative action – the nature and practice of anthroposophical meditation <https://goo.gl/OS75p6>

4–7.1.2018

20th International Study Days for Anthroposophic Art Therapy <https://goo.gl/OS75p6>

22–24.1.2018

Workshop conference on the new edition of Rudolf Steiner's first physicians' course <https://goo.gl/OS75p6>

Events of the Medical Section

<https://goo.gl/OS75p6>

Events of the Young Medics Forum

<https://goo.gl/7PxnHO>

Here you can see our IPMTs in 2017

<https://goo.gl/tptFRs>



News in brief and layout: *Heike Sommer*
Dornach, Michaelmas 2017