



In each life there lies
Life's new seed
And the soul dies off in what is old
In order to mature towards what is new in immortality
Rudolf Steiner, Draft (GA 40)

Now. Having overcome fear – of the others, of me, of the dark beneath:
at the frontier of the unprecedented: here the familiar ends.
But from the beyond something fills my being
with the potential of its origin.
Dag Hammarskjöld

Newsletter

for the co-workers of the anthroposophic medical movement, February 2017



Pictures (left to right): 1. Mistletoe in January; 2. IKAM retreat at the Goetheanum; 3. Medical training in Klinik Arlesheim AG, working group

Dear co-workers and friends of the Medical Section,

This year we celebrate the hundredth anniversary of mistletoe therapy and the publication by Rudolf Steiner, also a hundred years ago, of the threefold concept underlying the anthroposophical understanding of the human being. The threefold division into the nervous and sensory system, the rhythmical system and the metabolic and limb system allows us to understand falling ill and regaining health: lack of equilibrium in the threefold structure of the organism leads to illness.

Cancer is characterised as an unphysiological formative tendency of a sensory organ in the wrong location, that is, a displacement in the threefold structure of the human organism. The therapeutic importance of mistletoe arises from its polar opposite threefold structure: it scales back the botanical nervous and sensory system of the root and emphasises the opposite flower and fruit pole, its botanical metabolic system. The threefold structure is thus not just a help in understanding the human being but also a source of therapeutic forces. Health consists in the harmonisation, specific to each person, of their threefold being. In Rudolf Steiner's wood sculpture the being of Christ as the representative of humankind treads between the extremes of hardening, Ahimanic and dissolving, Luciferic actions and thus becomes the archetypal image of all healing.

We are currently experiencing a threat to this threefold structure not just in the individual person but also in the social organism of humankind. The renewed rise of nationalistic ambitions is obscuring the ideals of humankind of freedom, the rule of law and fraternity. To rescue our humanity, this calls for forces of healing.

Rudolf Steiner characterises anthroposophy as a science of the spirit which can only flourish on the ground of fraternity. Through our work it can make a contribution to humanising social life. The Foundation Stone Meditation of the Anthroposophical Society addresses the human being in their threefold being and creates the disposition for community building in which the light and warmth of the sun of Christ can work as healing forces.

Against this background it gives us great pleasure to be able to announce now already the annual conference of the Medical Section from 14 to 17 September 2017! It will address the subject of warmth in its organic, soul and spiritual action and lead us through all the fields of human biography from birth via the febrile diseases, the psychological experiences in the traumatisation of so many people, to cancer therapy and the support of the dying person. Our common fields of work, the care fields, will be linked through the nature of warmth. They will grow particularly strong if we work on them worldwide.

We aim to structure the work process in such a way that through the appropriate means everyone working therapeutically becomes a co-worker on these themes and can contribute the respective experiences from the different countries.

Thus we send very warm greetings to all co-workers and friends of the medical movement with best wishes for the therapeutic work in the service of the person who has fallen ill and for the advocacy of the humanisation of our society!

Matthias Girke and Georg Soldner

News

Initiatives for the 2017 annual conference: In the WORLD SPACE on Friday afternoon projects and cultural lightning contributions can be presented. Everyone interested can apply to make a contribution (3-7 minutes) until the 15th July 2017 (title, country, summary). Interesting posters can be exhibited and published on the website of the MedSection. We very much look forward to ideas from the whole movement of Anthroposophic Medicine.

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On 25 November, WELEDA AG was proclaimed as "Germany's most sustainable brand" at the awards for the German Sustainability Prize 2016. <https://goo.gl/aSpoih>

Twelfth emergency education deployment in northern Iraq, a long-term project in collaboration with the Gesellschaft für Internationale Zusammenarbeit (GIZ) German development agency. <https://goo.gl/7r41ck>

Nineteen years of Sanandi Farm - a biodynamic enterprise making medicinal products and preparations introduces itself: <https://goo.gl/Y4h02f>

Ita Wegman Day on 22 February 2017: we will use the income generated on the day for initiatives of Anthroposophic Medicine. <https://goo.gl/xopbkf>

In the USA the PAAM website has been newly extended: <https://goo.gl/qxKpr2>

Prof. Dr David Martin has put the perspectives of Anthroposophic Medicine on fever in the context of current fever research. <https://goo.gl/Zxl80F>

The journal *P&T Community* presents the cardiological approach of Prof. Dr Branko Furst and cites Rudolf Steiner's theory of the heart, putting it in a scientific context which has hitherto been dominated by the pump paradigm. <https://goo.gl/R11QeH>

A new questionnaire was successfully tested in the working group of PD Dr Matthias Kröz, Havelhöhe Research Institute, Berlin, as part of a multimodal intervention. First results can be seen in the abstract of the publication in the European Journal of Integrative Medicine, Vol. 8, Suppl. 1, 2016: <https://goo.gl/O4L7cv>

Since January more than 100 forest fires in the south of Chile have destroyed more than 390,000 hectares of forest and numerous houses. Eleven people have died, thousands are traumatised. The Hüllen für Chile movement (anthroposophic physicians, therapists and Waldorf teachers) is on an aid mission to help the people affected using emergency education (trained by Bernd Ruf) and Anthroposophic Medicine and to prevent the consequences of trauma. Carina Vaca Zeller

Book recommendations

Monika Kiel-Hinrichsen (ed.) *BurnLong statt Burnout: Stress überwinden - gesund bleiben*. Verlag Urachhaus, Stuttgart 2016 <https://goo.gl/NQqesP>

Rudolf Steiner. *Grenzerlebnisse der Seele. Schreck, Scham, Zweifel und schreckvollste Verwirrung*. With an introduction and commentary by Harald Haas. Rudolf Steiner Verlag, Basel 2016 <https://goo.gl/ft94gD>

Roman Studer (ed.), Vera Lorenzin. *Praktische Ratschläge für Schwangerschaft und Säuglingspflege auf Grundlage mündlicher Angaben von Dr. Rudolf Steiner*. Books on

Demand, 2017, ISBN 978-3-7431-6506-9

Antônio Marques. *Psicologia Goethiana - Projeto de Sociedade que todos queremos*. Barany/Ad Verbum Editorial, Sao Paulo 2017

Events & dates

4-5 March 2017

From superficial contact to real encounter with the patient in the therapeutic relationship: Conference of the School of Spiritual Science for all professional groups, Berlin <https://goo.gl/MqbjtL>

10-12 March 2017

Public colloquium on the scientific nature of anthroposophy in medicine at the Goetheanum <https://goo.gl/eq2HIQ>

17-19 March 2017

Conference of the School of Spiritual Science for nurses and those interested in nursing - meditation as a contribution to contemporary events at the Goetheanum <https://goo.gl/u5vGSF>

24-25 March 2017

6th Witten Colloquium on Humanism, Medicine and Philosophy. What is life? Current findings on the roots of and knowledge about life <https://goo.gl/9UePmE>

27-30 April 2017

International specialist conference for anthroposophic body therapy at the Goetheanum "Posture and approach – experiencing, treating, taking hold of them" <https://goo.gl/eM8yao>

3-5 May 2017

WORLD CONGRESS INTEGRATIVE MEDICINE & HEALTH, Berlin. European Society of Integrative Medicine, International Society for Complementary Medicine Research <https://goo.gl/G7uLHP>

19-21 May 2017

Riddles of the Soul. Goetheanum <https://goo.gl/ohQNsY>

15-18 June 2017

Social Future Congress. Daring openness. Living responsibility. Shaping collaboration. Bochum <https://goo.gl/kNUPfs>

8-11 September 2017

Teach the Teacher in Anthroposophic Medicine. Programme to follow

14-17 September 2017

International annual conference of the Medical Section. Programme to follow

Events of the Medical Section

<https://goo.gl/OS75p6>

Events of the Young Medics Forum

<https://goo.gl/7PxnHO>

Here you can see our IPMTs 2017

<https://goo.gl/UEehnh>



Website of the Medical Section

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